



Mark Holmes

Mark Holmes BSc, RMN, SPMH has been a mental health nurse for 25 years. He has developed services in community treatment, hospital alcohol liaison, Brief Treatment, alcohol related long term conditions and end of life care. Mark was being twice awarded Nursing Times Awards; The Mental Health Nurse of the Year in 2012 and LTC Team of the year 2016.

Mark is now the Principia MCP Mental Health Workstream Lead. He is working with current stakeholders on initiatives that include the development of self-care, services that provide interventions for those who have physical health and mental health problems and developing pathways including training for suicide prevention.